**MPTA Retirement Planning Assistance**

Together

New York State Teacher’s Retirement Account - https://www.**nystrs**.org

* Create a NYSTRS account – contact Tom Moran. Workshops are held where we create an account for employees and familiarize the account’s usage. A personal meeting can also be arranged.
* Become familiar with the options available on a NYSTRS account, with specific focus on
  + how your pension benefits are calculated
  + Estimating your pension benefits.

On Your Own - Planning your next steps

* NYSTRS
  + PREP (Pension & Retirement Planning) workshop. A halk day meeting to discuss retirement options and benefits from the teacher’s system.
  + Arrange for an individual consultation
  + Both can be arranged from the above website.
* 403b consultation with your personal financial retirement consultant.
* Social Security benefit estimations - https://www.ssa.gov/OACT/quickcalc/